



Wellness Wednesday

2/7: MHDD/ MSC Cafeteria/ 11 am-1 pm

2/15: CBC- Mindful Activity/ SSC (Building S)/ 12 pm

2/21: Uvalde Together Resiliency Center/ MSC Cafeteria/ 11am-1pm

2/28: SA Food Bank/ MSC Cafeteria/ 10 am-2 pm

3/6: MHDD/ MSC Cafeteria/ 11am-1pm

3/6: CHDI Safer Sex Convo/ Garner Hall/ 12pm

3/20: CHDI Safer Sex Convo/ Hubbard Hall/ 12pm

3/27: SA Food Bank / MSC Cafeteria/ 10am- 2pm

4/3: MHDD/ MSC Cafeteria/ 11 am- 1 pm

4/10: Southwest Family Life Center/ MSC Cafeteria/ 11 am- 1 pm

4/17: Anderson House/ MSC Cafeteria/ 11 am- 1 pm

4/24: SA Food Bank/ MSC Cafeteria/ 10 am-2 pm

5/1: Endeavors- Wellness Chair/ Minda Kone Room/ 10 am- 2 pm